

## **County Health Rankings Just Released!**

The Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute just released the 2010 *County Health Rankings*, a collection of 50 reports that reflect the overall health of counties in every state across the country. In this report, counties can get a snapshot of how healthy their residents are by comparing their overall health and the factors that influence their health, with other counties in their state.

The *County Health Rankings* are based on two measures – health outcomes and health factors.

**Health outcomes** represent how healthy a county is. The report measure two types of health outcomes: how long people live (mortality) and how healthy people feel while alive (morbidity).

**Health factors** represent what influences the health of a county. We measure four types of health factors: health behaviors, clinical care, social and economic, and physical environment factors. In turn, each of these factors is based on several measures.

- Health Behaviors (30% of the score) - tobacco use, diet and exercise, unsafe sex, and alcohol use
- Clinical Care (20%) – access to care and quality of care
- Social and Economic Factors (40%) – education, employment, income, family and social support, and community safety
- Physical Environment (10%) – environment quality and built environment

So how did Morgan county do?

In Colorado, 8 counties were not rated because of inadequate data (Cheyenne, Dolores, Hinsdale, Jackson, Kiowa, Mineral, San Juan, and Sedgwick), leaving 56 counties. Out of 56 Colorado counties (1 being the healthiest):

**Morgan County rated 44<sup>th</sup> in health outcomes.**

**Morgan County rated 41<sup>st</sup> in health factors.**

To see the full report, go to [www.countyhealthrankings.org](http://www.countyhealthrankings.org)